



MAHATMA GANDHI MISSION

MGM SCHOOL OF PHYSIOTHERAPY

Constituent Unit of MGMIHS Navi Mumbai

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Harmonizing Mind, Body & Spirit...!

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1994-2000

“

*The Power to Question is the Basis
of All Human Progress*

”

Vision

MGM Institute of Health Sciences aims to be a top ranking centre of Excellence in Health Science Education, Health Care and Health Research.

Mission

Students graduating from the Institute will have the required skills to deliver the quality health care to all sections of the society with compassion and benevolence, without prejudice or discrimination at an affordable cost.

As a Research Centre, it shall focus on finding better, safer and affordable ways of diagnosing, treating and preventing diseases. In doing so, it will maintain highest ethical standards.

Graduate Attributes

- Dynamic Professionalism
- Exemplary Leadership
- Effective Communication Skills
- Scholarly Attitude
- Element of Critical Thinking
- Enthusiasm for Research
- Social Commitment
- Global Competencies





Editorial Board



Dr. Utkarsha Kawathekar (PT)
Chief Editor

Editorial Team



Dr. Pallavi Palaskar



Dr. Renuka Khedekar



Dr. Chayarani Bora



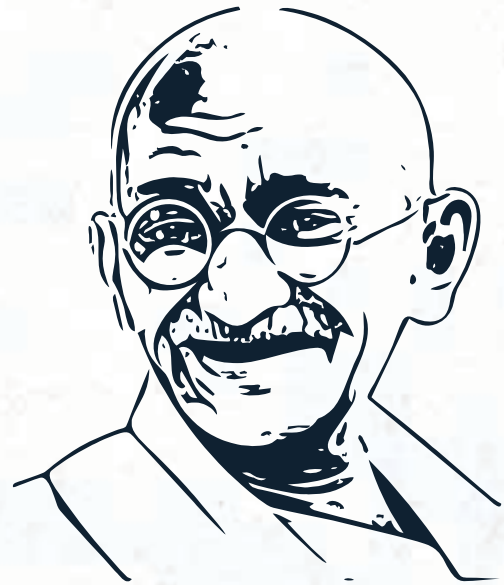
Dr. Vikrant Salphale



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Gandhian Thoughts -

The inner life of Gandhi's Fitness & how it helped Him

Mahatma Gandhi the name synonymous with inclusion, peace and non-violence, is regarded as one of the greatest Human-Right activists and the person who led India into a non-violent movement for Independence. The secrets of fitness and calmness and composed mind is because of which he never showed a sign of aggression or disappointment, he just accepted what came on his way and worked on that. When we see Gandhiji's life he says, "When I am frustrated, I remember the truth and love have won in the history". He considered all religions equally. He strongly believed that a person engaged in social work must live simple life. He himself gave proof of this by leaving western life in South Africa. Now coming to his mind it's a no-brainer that Mahatma was an extremely practical person with a deep sense of his values how moved millions of people for a single cause. It takes a very deep inner strength to get discriminated against and then looking towards the way of peace and equality. His quotes like "weak can never forgive" were written at the time of extreme bloodshed and violence. to know how he gets there we need to look at what he followed this can be summed up in two words "Truth and Humane". He was bluntly truthful and humane towards others for him his success was to do something for others. Today most of us follow the path shown by Mahatma Gandhi. Mahatma Gandhi's life and his ideas are still a universal philosophy at the far end of this world. MGM essentially focuses on imparting education because it serves the purpose of making individuals independent and competent.

It is health which is real wealth & not pieces of gold & silver

- Mahatma Gandhi

From The Desk of the Hon'ble Chancellor

“The aim of university education should be to turn out true servants of the people who will live & die for the country's freedom.”

-Mahatma Gandhi

Welcome to the MGM School of Physiotherapy, Chh.Sambhajinagar.

Building a successful education institution calls for collective commitment, dedication, high sense of responsibility, and service-oriented mindset from all its stakeholders. We are quite keen on building a long-term growth strategy and development for MGM School of Physiotherapy that will have the alumni and industry as our two main pillars that could benefit all stakeholders, including students, parents, management and most importantly the society-at-large. Let us cooperate and succeed together so that we may turn our university into a premier institution. My best wishes to the Principal, Editorial Team and best regards for the third year of magazine 'The Mirror'

Shri. Kamalkishore Kadam

Hon'ble Chancellor,

MGM Institute of Health Sciences, Navi Mumbai

A Word From The Hon'ble Vice-Chancellor



*“Seek not greater wealth, but simpler pleasure, not
higher fortune, but deeper felicity.”*
-Mahatma Gandhi

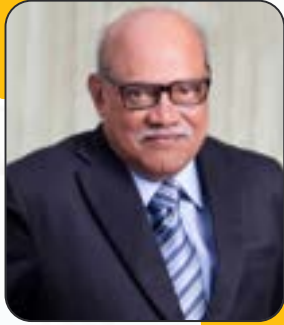
Dear Students, MGM Faculties, Parents and Friends,

The MGM School of Physiotherapy campus in Chh.Sambhajinagar is home to the students who seek for education with research facilities and modern library, with opportunities for collaboration with premier national and international higher education institutions.

We make sure that both national and international viewpoints and perspectives are presented to our pupils. We want our graduates to be successful both personally and professionally, and we want them to become future leaders in the physiotherapy profession. MGM School of Physiotherapy vision is to develop and transform our society through Quality Education. Therefore, my best wishes to the team efforts for third year of our magazine “THE MIRROR”.

I wish all the best for the venture!!!

Dr. Shashak D Dalvi
Hon'ble Vice-Chancellor,
MGM Institute of Health Sciences, Navi Mumbai

Message From The Desk Of The Hon'ble Vice Chairman

“What is really needed to make democracy function is not knowledge of facts, but right education.”

-Mahatma Gandhi

Dear Readers,

Higher Education is changing today, faster than any time in memory. I am pleased to see the positive progress towards MGM School of Physiotherapy. Let us pave way to its commencement with great fervor and supposition for achieving towering standards in the field of academics and other essential skills. “Education awakens the power and beauty that lie within us.”

It gives me immense pleasure to congratulate MGM School of Physiotherapy, Chh.Sambhajinagar for second edition of “THE MIRROR” magazine. My best wishes to principal, faculties, students, parents and alumni of MGM School of Physiotherapy and editorial team.

Wishing you the very best in all your endeavours!

Dr. P. M. Jadhav

Hon'ble Vice Chairman,
MGM Medical college, Chh.Sambhajinagar

Message from the Desk of Secretary



*“Happiness is when what you think, what you say,
and what you do are in harmony.”*
-Mahatma Gandhi

Dear Students, MGM Faculties, Parents and Friends,

I am confident that MGM School of Physiotherapy will communicate meaningfully with the staff thanks to a positive Almanac reading experience, which is actually a channel of communication between parents and institutes. Also MGM adheres to the Gandhian ideology of ‘Swarajya’ which personifies individual growth. MGM essentially focuses on imparting education because it serves the purpose of making individuals independent and competent to sustain in the societal pressures they face. I hope the student community & parents will support this new academic venture of MGM trust. With this message, I would like to conclude by wishing each one of our students, alumni, and future students a very successful and fruitful experience together.

God bless you all and my best wishes

Shri . Ankushrao N. Kadam
Hon'ble Secretary,
Mahatma Gandhi Mission Trust

Message from Hon'ble Dean's Desk

“Live as if you were to die tomorrow. Learn as if you were to live forever.”
-Mahatma Gandhi

Dear Students, MGM Faculties, Parents and Friends

I am privileged to serve at MGM, Chh.Sambhajinagar, where students come first. MGM boasts a vibrant student body, dedicated staff, and renowned faculty. Our college takes pride in the teacher-scholar model, where student learning takes precedence and faculty-student research collaborations are of prime importance. As a Dean, I am proud of commitment of faculties and students to holistic development of young mind, towards which our efforts remain focused.

Additionally, I would like to give Best Wishes for another publication of “The Mirror” magazine.

Good Luck and God Bless You All!

Dr. Rajendra Bohra
Hon'ble Dean
MGM Medical College & Hospital, Chh.Sambhajinagar

From the desk of Hon'ble Deputy Dean



“If I have the belief that I can do it, I shall surely acquire the capacity to do it even if I may not have it at the beginning.”

-Mahatma Gandhi

Dear Students, MGM Faculties, Parents and Friends

Welcome to MGM School of Physiotherapy, Chh.Sambhajinagar! We have always emphasized on offering excellent quality education and the best of learning facilities for our students thus enabling them to be at par with the global challenges, competition and the demanding educational scenario. We are committed to providing state of the art healthcare facilities to our patients with ultramodern infrastructure and a plethora of diagnostic and treatment modalities, which not only benefits patients, but students also have an excellent learning experience. The MGM School of Physiotherapy is attached with multispecialty Hospital, which is also NABH, accredited and A++ in NAAC.

We are here to support all of your efforts, enabling you to reach for the stars and rule the world of future. I am Delighted to hear that the MGM SOP has established their Magazine, I wish them the best of luck for this endeavor 'THE MIRROR'

All the very best, God bless you all!!!

Dr. Pravin Suryawanshi

Hon'ble Deputy Dean

MGM Medical College & Hospital, Chh.Sambhajinagar

A Word from the Registrar

“True education must correspond to the surrounding circumstances or it is not a healthy growth.”

-Mahatma Gandhi

Dear Students, MGM Faculties, Parents and Friends,

Warm Greetings and Congratulations another year of the magazine ‘The Mirror’!

It is with great honor and pleasure that I extend best wishes to you all on behalf of the entire MGM. The MGM School of Physiotherapy uses different teaching strategies which is primarily learner focused such as problem based learning and outcome based learning which aids student to comprehend the study curriculum and to be a competent professional.

I invite you to explore through our ‘MGM School of Physiotherapy, Chh.Sambhajinagar through the magazine ‘The Mirror’. I wish a grand success for the magazine.

All the very best!!!

Dr. RAJESH GOEL

Registrar

MGMIHS, Navi Mumbai

A Word from the Administrative Head



“Education should be so revolutionized as to answer the wants of the poorest villager, instead of answering those of an imperial exploiter.”

-Mahatma Gandhi

Dear Students, MGM Faculties, Parents and Friends,

As the administrative head of MGM School of Physiotherapy, Chh. Sambhajinagar I am extremely proud of the rich tradition of providing practical, experiential-based education by the MGM School of Physiotherapy, Chh. Sambhajinagar and has always been committed to ensure that quality education is accessible to every deserving student, team of teachers, administrators, staff and coaches are truly a talented, caring and committed group of individuals who work hard to ensure that our students meet their fullest potential. “Education is not just a process of giving knowledge for a future job but a lifelong process which creates an understanding of moral and ethical values to guide one's life in a right path”

The third year of the publication "The Mirror" will provide suggestions as to what distinguishes the MGM School of Physiotherapy as a special institute for Harmonizing Mind, Body and Spirit.

Good luck!!!

Mrs Purna Dalvi
Administrative Head
MGM School of Physiotherapy, Chh.Sambhajinagar

Director's Key Message

*“Glory lies in the attempt to reach one’s goal
and not in reaching it.”
-Mahatma Gandhi*

Dear Readers!

“A balanced intellect presupposes a harmonious growth of body, mind and soul.”

Greetings to all teachers, parents, students and all well-wishers of MGM family. As a Director of this great institution, I express my gratitude to God and thank all who have contributed to carry on the legacy of the MGM School of Physiotherapy, Chh. Sambhajinagar. The mission of MGM School of Physiotherapy is excellence in education, health care services, research and commitment to human development and to provide the best to the students and to prepare them to take up the challenges of tomorrow.

This is a small attempt to portray our efforts, achievements and success by third year of our magazine ‘THE MIRROR’. I am confident that with the help of Almighty, with the dedicated staff and with the support of all the stakeholders, we will be able to achieve the greater heights in the society.

Kind regards!!!

Dr Rinkle Malani

Director

MGM School of Physiotherapy, Chh.Sambhajinagar

Chief Editor's Key Message



“By education, I mean an all-round drawing of the best in child and man in body, mind and Spirit.”

-Mahatma Gandhi

Dear Students, Faculty, and Staff,

We are thrilled to announce the theme for this year's college annual magazine: **"The Cognitive Canvas: Harmonizing Mind, Body, and Spirit."** In a world filled with challenges and complexities, this theme encourages us to explore the profound connections between our mental, physical, and spiritual well-being. It's a theme that invites us to delve into the intricate tapestry of human existence, highlighting how creativity acts as a unifying force that nourishes all aspects of our lives.

This year, we invite you to share your thoughts, experiences, and artistic expressions that exemplify the harmony between mind, body, and spirit. We believe that through the lens of creativity, we can discover new perspectives, find balance in our lives, and unlock the limitless potential that resides within each of us.

Whether it's through thought-provoking essays, captivating artwork, inspiring poems, or insightful photography, we encourage you to contribute your unique voice to our magazine. Let us come together as a team to celebrate the beauty of the human experience and the power of creativity to inspire, and connect us all.

The editorial team is excited to embark on this creative journey with you. We look forward to receiving your contributions and crafting a magazine that reflects the profound insights and creativity of our college community. Let us harmonize our minds, bodies, and spirits through the pages of "The Creative Canvas."

Kind regards!!!

Dr. Utkarsha Kawathekar (PT)
Chief Editor - The Mirror 2022-23



Message from Editorial Team

Dear Readers!

Within the heart of this magazine lies a dynamic force—the Editorial Team. We the editorial team members of the 'The Cognitive Canvas – Harmonizing Mind, Body & Spirit' welcomes you all. Welcome to the realm of The Cognitive Canvas, where the power of words converges with the artistry of thought. As the Editorial Team behind this endeavor, we are thrilled to guide you through the rich tapestry of content carefully curated to harmonize your mind, body, and spirit.

In the pursuit of holistic well-being, we believe in the transformative potential of knowledge and introspection. Last year we thrived in the areas of research and innovation, may it be research, may it be patents or copyrights our students and faculties left no stone unturned to excel in this field. Our team, a collective of passionate writers, thinkers, and creators, has woven together a collection of articles that transcend the boundaries of traditional discourse. Here, you'll find a sanctuary for exploration, a space where the intellect, physicality, and spirituality converge. Thus, our theme for this year, "Harmonizing Mind, Body & Spirit."

As you navigate through these pages, we invite you not only to read but to immerse yourself in the experience. Let the stories, ideas, and reflections be a guide on your quest for harmony. Engage with the content, question assumptions, and allow the wisdom within these pages to be a catalyst for your personal growth.

The editorial team has meticulously curated content that not only informs but sparks dialogue, fosters a sense of connection and shares knowledge. We have showcased remarkable achievements of our students and faculties in the field of research and intellectual property, also we have specially mentioned academic and extracurricular success of our students and faculties! Also, we are extremely proud and overwhelmed with our faculties social commitment which we have document in 'Doing Our Bit!' section. Lastly, our students and faculties have penned down their thoughts about the theme and our alumni enthusiastically spoke about their alma mater!

Behind every piece lies countless hours of research, collaboration, and an unyielding commitment to journalistic integrity. May each page be a brushstroke, contributing to the masterpiece of your well-being.

The Cognitive Canvas Magazine is more than a publication; it's a shared exploration of the human experience. Together, let's cultivate a community that embraces the interconnectedness of mind, body, and spirit.

Thank you for embarking on this journey with us.

Editorial Team
The Mirror 2022-2023





FACULTY GROUP PHOTOGRAPH

Our Teaching Faculty



Dr. Rinkle Malani
Director & Professor

Department of Musculoskeletal Physiotherapy



Dr. Tajuddin Chitapure
HOD & Associate Professor



Dr. Bhalchandra Kharsade
Assistant Professor



Dr. Vaibhavi Walimbe
Assistant Professor



Dr. Utkarsha Kawathekar
Assistant Professor



Dr. Krishna Gawande
Assistant Professor



Department of Neurophysiotherapy



Dr. Pallavi Palaskar
HOD & Associate Professor



Dr. Namrata Sant
Assistant Professor



Dr. Pooja Kumari Mahaseth
Assistant Professor



Dr. Vikrant Salphale
Assistant Professor



Dr. Chayarani Bora
Assistant Professor

Department of Sports Physiotherapy



Dr. Tabish Fahim
HOD & Associate Professor



Dr. Ashwin Kshirsagar
Associate Professor



Dr. Manibhadra Panda
Assistant Professor

Department of Cardio-vascular & Pulmonary Physiotherapy



Dr. Junneshwar Bidve
HOD & Associate Professor



Dr. Sachin Maghade
Assistant Professor



Dr. Sabih Khan
Assistant Professor



Dr. Aishwarya Bhandare
Assistant Professor



Dr. Renuka Khedekar
Assistant Professor

Department of Community Physiotherapy



Dr. Shrikant Sant
HOD & Professor



Dr. Sonali Vispute
Assistant Professor



Dr. Rudalee Husale
Assistant Professor

Our Adjunct Faculty



Dr. Prashant Mukkannavar
Professor & Principal
KLE College of Physiotherapy
Hubballi, Karnataka

We are grateful to our esteemed adjunct faculty for always sharing their knowledge and expertise in the aspects of clinical skills and research.

This benefits our graduates and postgraduate students to sharpen their skills, upgrade knowledge and be better physiotherapist professionals.

Our Non-Teaching Staff



Mrs. Sanjeevani Khiradikar
Accountant



Ms. Yogita Dhepe
Clerk



Mr. Vishal Wadode
Clerk



Mr. Rajesh Ghadge
HR



Mrs. Hemalata Pandav
Librarian



Mrs. Sangita Morwal
Peon



Our Student Council



Ms. Nidhi Nair
General Secretary



Ms. Riya Bhanushali
Cultural Secretary



Ms. Aishwarya Patil
Sports Secretary



Ms. Bhakti Laddha
Gender Champion- Female



Mr. Prashant Kadam
Gender Champion Male



Ms. Priyanka Tripathi
Hostel Secretary



Archive Of Excellence

In a world driven by technological advancements and rapid globalization, it becomes essential to treasure and celebrate our ancient roots of knowledge and Indian knowledge system. In the pursuit of holistic education, our institution has embarked on a transformative journey, fostering not only academic brilliance but also creative exploration. This annual magazine edition, titled to the remarkable initiative taken by MGM School of Physiotherapy to nurture hobbies, artistic and academic endeavors. Our theme for this year "**Cognitive Canvas: Harmonizing Mind, Body and Spirit**" delves into innovative thinking through the newly constructed creative classroom named AAKAR. It serves as a tribute to the age-old wisdom that has guided generations and the innovative methods educators employ to make learning a truly enriching experience. The magazine sheds light on how this creative haven complements academic learning, effectively activating both right and left brain activities in students.

In the ever-evolving landscape of education, innovation is the driving force that propels learning experiences to new heights. This year, our college proudly introduced a groundbreaking initiative called "AAKAR," a creative classroom concept that has surpassed all expectations and redefined the way we perceive education. This innovative approach to education has redefined the learning experience, fostering creativity, collaboration, and holistic growth among our students.

We highlight the myriad ways in which our student-centric methods have contributed to the growth, development, and achievements of our students. In the pursuit of excellence, our faculty members have embraced innovative teaching methodologies that cater to diverse learning styles. Different student centric methods such as analytical challenge, my best possible answer, problem-based learning, jigsaw puzzle, seminars, case presentations have not only enhanced academic understanding but have also cultivated critical thinking, problem-solving, and collaboration skills. One of our cornerstones is the strong mentorship and guidance system that connects students with experienced mentors. Through regular interactions, goal setting, and constructive feedback, students have thrived academically and personally.

The "Archives of Excellence" is a testament to the remarkable achievements of our students and the transformative power of student-centric methodologies. As we celebrate their success, we also acknowledge the dedication of our faculties and administration in creating an environment that fosters growth, learning, and well-being. We eagerly look forward to the next chapter of excellence, as we continue to empower our students to reach new heights and blaze their own trails. Here's to a future filled with creativity, innovation, and student-centric success!

**Academic Excellence**

Excellence in academia has always been a hallmark of our institution, and this year is no exception. We proudly celebrates the remarkable achievements of our academic toppers. These brilliant minds have not only excelled in their respective fields but have also set a benchmark for dedication and hard work. Their names shine brightly on the honor roll, a testament to their relentless pursuit of knowledge. With unwavering determination, they have conquered complex subjects and embraced intellectual challenges with open arms. These academic trailblazers inspire us all to reach for the stars and continue our quest for knowledge. As we turn the pages of this year's magazine, let us applaud and draw inspiration from these outstanding scholars who remind us that the pursuit of excellence is a journey worth embarking upon.

Sr.No	Year		Rank Holders
BPT			
1	1 st Year	1 st	Namrata Bhakkad (71.25%)
		2 nd	Anaya Mandlik (69%)
		3 rd	Akshata Dhande (68.15%)
2	2 nd Year	1 st	Shreya Tonpe (72.86%)
		2 nd	Javeria Shaikh (72.33%)
		3 rd	Khushi Bharuka (71.60%)
3	3 rd Year	1 st	Nidhi Nair (74.1%)
		2 nd	Karina Choudhary (73.2%)
		3 rd	Samiksha Dixit (72.8%)
4	4 th Year	1 st	Pooja Chaurasia (71.25%)
		2 nd	Sakshi Deshmukh (71.25%)
		3 rd	Ishani Prasade (70.13%)
MPT			
5	1 st Year	1 st	Dax Vyas (71.65%)
		2 nd	Kunal Nagwani (71.55 %)
		3 rd	Pranoti Zawar (71.20%)
6	2 nd Year	1 st	Maliha Fatima Qureshi (78.45%)
		2 nd	Saba Shaikh (72.5%)
		3 rd	Samiksha Shedge (70.89%)

Students Co-Curricular Excellence

"The exemplary educator not only enhances students' academic progress but also nurtures their cognitive, psychosocial, and emotional development. At the MGM School of Physiotherapy, we place a distinct emphasis on the holistic growth of our students, including their extracurricular accomplishments. In the current academic year, our students have demonstrated exceptional aptitude in the realms of research and innovation. We take immense pride in highlighting their achievements in various arenas such as paper presentations, poster exhibitions, as well as art and science projects. Our aspiration is that our students will continue to evolve in multiple dimensions, becoming exemplary individuals who make meaningful contributions to society."

Co-Curricular Achievements

Sr.No	Name of the Students	Category	Prize	Description
1	Maliha Fatima (PG) (25/02/23-26/02/23)	Poster Presentation	2 nd	Poster Presentation at Pravara Phyzion 2023
2	Maliha Fatima (PG) (26/02/23-27/02/23)	Paper Presentation	3 rd	Paper Presentation in International Multidisciplinary Rehab E-con 2022
3	Maliha Fatima (PG) (23/02/23-28/02/23)	Blog Writing	1 st	Blog Writing Organized by MGM Institute of Hotel Management
4	Maliha Fatima (PG) (23/02/23)	Quiz Competition	2 nd	Quiz Competition by MGM School of Physiotherapy
5	Maliha Fatima (PG) (08/02/23)	Best Panellist	1 st	Best Panellist in Panel Discussion on 8 th FEB 2022
6	Samiksha Shendge (PG) (08/10/22)	Poster Presentation	1 st	Poster presentation in PG at Youth Physio Conclave, Goa 2022
7	Pavan Solanki (PG) (26/02/23)	Paper Presentation	3 rd	Paper Presentation in Pravara Phyzion conference 2023
8	Pranoti Zavar (PG) (26/02/23)	Paper Presentation	3 rd	Paper Presentation in Pravara Phyzion conference 2023
9	Dax Vyas (PG) (28/01/23-29/01/23)	Paper Presentation	1 st	Paper Presentation in ICPT 2023
10	Dipti Shinde (PG) (06/03/23)	Essay Competition	1 st	Essay Competition IAPWC
11	Bilquis Hussain (UG) (15/10/22)	Poster Competition	3 rd	Poster Competition on Bioethics Week 2022 (MGM)
12	Dipti Shinde (PG) (23/06/23)	Poster Competition	2 nd	Poster Presentation on Occasion of International Olympic Day 2022
13	Adiba Shaikh (UG) (15/10/22)	Poster Competition	3 rd	Poster Competition on Bioethics Week 2022 (MGM)
14	Adiba Shaikh (UG) (15/10/22)	Video Making Competition	1 st	Video making Competition on Bioethics Week 2022 (MGM)

Sr.No	Name of the Students	Category	Prize	Description
15	Shravani Jawake (UG) (24/06/22)	Poster Presentation	2 nd	Poster Presentation on Occasion of International Olympic Day 2022
16	Mayuresh Padalkar (PG) (15/10/22)	Poster Presentation	2 nd	Poster Presentation Inter college competition in event "Momentum" by Society of CVPR, KEM Mumbai
17	Bilquis Hussain (UG) (23/06/22)	Quiz Competition	2 nd	Quiz Competition by MGM School of Physiotherapy on the occasion of international Olympic day June 2022

Extracurricular Achievements

Sr.No	Name of the Students	Category	Prize	Description
1	Manish Deore (UG)	Cricket Tournament	2 nd	Cricket Tournament in State Level Physio Sports Meet 2023. In Pune
2	Himanshu Patil (UG)	Shot Put	1 st	Shot Put at State Level Intercollege Fest by Modern College of Physiotherapy 2022
3	Himanshu Patil (UG)	100*4 Relay Put	2 nd	100*4 Relay Put at state level inter college fest by Modern College of Physiotherapy 2022
4	Dev Parab (UG)	100*4 in Relay Put	2 nd	Relay Put at State Level Inter college fest by Modern College of Physiotherapy 2022
5	Dev Parab (UG)	Sac Race	3 rd	Sac Race Competition on occasion of World Physiotherapy Day 2021
6	Diya Khadke (UG) (24/02/23)	Badminton Doubles	2 nd	Badminton Doubles in Pravara National physiotherapy Sports Meet 2023
7	Aryan Patil (UG) (18/02/23)	PTCL Cricket	1 st	Man of the Match in PTCL

Faculty Achievements

In the realm of academic excellence, our esteemed faculty members have continued to shine brightly over the past year, garnering recognition and accolades from the academic community and beyond. Their remarkable achievements have not only enriched our institution's prestige but have also served as a source of inspiration for our students. Our faculty members have published groundbreaking research papers in renowned international journals, showcasing their commitment to advancing knowledge in their respective fields. Additionally, they have actively participated in conferences, both nationally and internationally, where they have presented their research findings, further cementing our college's reputation as a hub of intellectual innovation. Furthermore, our faculty members have been invited to serve on prestigious committees, and as guest lecturers at renowned institutions, highlighting their expertise and influence within their domains. Their dedication to mentorship and student engagement has not gone unnoticed, as several have received awards for their exceptional teaching and commitment to nurturing the next generation of scholars. In the pages that follow, we invite you to delve into the remarkable achievements and contributions of our esteemed faculty members, who continue to be the driving force behind our college's pursuit of excellence.

Sr.No	Name of the Faculty	Name of Award
1	Dr. Rinkle Malani	2022 IASP Grant for the study title: "A Multidisciplinary Educational Training Course for Physical Therapists on managing common musculoskeletal pain conditions in Maharashtra, India.
2	Dr. Junneshwar Bidve	Award for Novel Diagnostic Device by BETIC IIT, Mumbai
3	Dr. Tajuddin Chitrapure	Secured 2 nd Position in Badminton Singles in National Physiotherapy Sports Meet 2023
4	Dr. Pooja Kumari Mahaseth	2 nd prize for Scientific paper in 4 th Youth Physio Conclave 2022
5	Dr. Pooja Kumari Mahaseth	Awarded Scholarship at the Integrity Aquatic Therapy & Orthopaedic Centre for International Academy Training Program - March 2023

Resource Person

Sr.No	Name of the Faculty	As a Resource Person
1	Dr. Rinkle Malani	International Conference of Physical Therapy, Mumbai 2023
2	Dr. Pallavi Palaskar	Lecture on Intellectual Property Right at MGM School of Bio-medical Sciences College, Aurangabad
3	Dr. Tajuddin Chitrapure	Presented A guest lecture on Chronic pain & Biopsychosocial model at MGMIOP on 17 Sept 2022
4	Dr. Manibhadra Panda	Youth Icon Speaker at 4th Youth Physio Conclave 2022

Faculty & Student Publications

In the pursuit of academic excellence, our college proudly showcases the prolific contributions of both our esteemed faculty and our dedicated students in the realm of research. Throughout the year, our faculty members have been publishing groundbreaking research papers and articles across diverse fields, expanding the frontiers of knowledge. Their work not only enriches our institution but also brings recognition to our college on a global scale. Equally commendable is the enthusiasm and intellectual curiosity exhibited by our students, who have actively engaged in research projects. These publications reflect their commitment to intellectual growth and their potential as future thought leaders. From groundbreaking discoveries to innovative insights, the pages of this year's annual magazine celebrate the collective scholarly endeavors of our college community. It is a testament to our commitment to fostering a culture of research and innovation that empowers both our faculty and students to shine brightly in the world of academia.

Sr. No	Author Name	Publication Title	Journal Name	Year	Indexing
1	Sabih Khan, Shrikant Mhase	Postcoital Ejaculatory Groin Pain Response to Blood Flow Restriction Training : A Novel Case Report	Wolters Kluvers	27/08/2022	Scopus
2	Sabih Khan, Shrikant Mhase	The Effect Of Static Cupping Therapy in Nonspecific Low Back Pain for Primary Dysmenorrhea	Cureus	30/09/2022	Pubmed
3	Sabih Khan, Shrikant Mhase, Danish siddqui	Post - operative Rehabilitation in Klatskin Tumor : A Rare Case Report	Cureus	14/10/2022	Pubmed

Sr. No	Author Name	Publication Title	Journal Name	Year	Indexing
4	Tajuddin Chitapure, Shaikh Saba Afsar, Quraishi Maliha Fatima, Amreen Shaikh	Effectiveness of Sensorimotor Rehabilitation In ACL Injury: A Narrative Review	Neuro Quantology	Oct 2022	Scopus
5	Sabih Khan, Shrikant Mhase,	Impact of Dorn Therapy on a Patient With a Prolapsed Intervertebral Disc: A Case Report	Cureus	09/11/2022	Pubmed
6	Tabish Fahim, Sabih Khan, Shrikant Mhase	Rehabilitation in Focal Segmental Glomerulosclerosis with Aspergillus Bronchopneumonia : A Novel Case Study	Neuroqu-antology	09/11/2022	Scopus
7	Sabih Khan, Pooja Chaurasia, Shrikant Mhase, Manibhadra Panda, Vikas Bedre	Impact of Scapular Repositioning Using a Scapular Belt for Axioscapular Muscle Imbalance in Patients With a Non-specific Neck Pain: A Case Report	Cureus	18/12/2022	Pubmed
8	Pallavi Palaskar, Shruti D. Ramekar, Namrata Sant, Rinkle J. Malani	Ideal mode of auditory stimulation inpreterm neonates in NICu : A systematic review	Cureus	02/01 2023	Pubmed
9	Nidhi Sharma, Shruti Ramekar, Priyanka Tripathi, Swamini Bhoir, Tajuddin Chitapure	Effect of Music Therapy on SI Joint Dysfunction: Case Report	Neuro Quantology	Jan 2023	Scopus
10	Utkarsha S. Kawathekar & Derrick F. Campbell	Cultural Competence In Physical Therapy: The Road Less Traveled	Journal of Manual & Manipulative Therapy	26/04/2023	Pubmed
11	Shaikh Amreen Afsarpatel, Quraishi Maliha Fatima, Tajuddin Chithapure, Priyanka Abhay Joshi, Shaikh Saba Afsar, Nikita Nandgaonkar, Komal Sable	A Comparison of the Effectiveness of Neurodynamic Sliding Technique & Self-Myofascial Release Technique for Reducing Hamstring Tightness in Healthy Individuals: A Prospective Study	Cureus	18/06 2023	Pubmed
12	Dr. Bhalchandra S. Kharsade	Postural Awareness Among Architects with Musculoskeletal Pain: A Cross Sectional Study	International Journal of Health Sciences & Research	June 2023	UGC

Intellectual Property Rights

Intellectual Property (IP) deals with any basic construction of human intelligence such as artistic, scientific, or technical constructions. IPR is a strong tool, to protect time, money, and effort invested by the inventor/creator of the IP. IPR affects the economic development of a country by promoting healthy competition and encouraging industrial growth and economic growth. Copyright is a type of IP, Our faculty has registered the copyrights under different health domains. It is certainly a matter of prestige for us. The entire faculty has taken great efforts and this has been an honor for our institution.

Copyrights

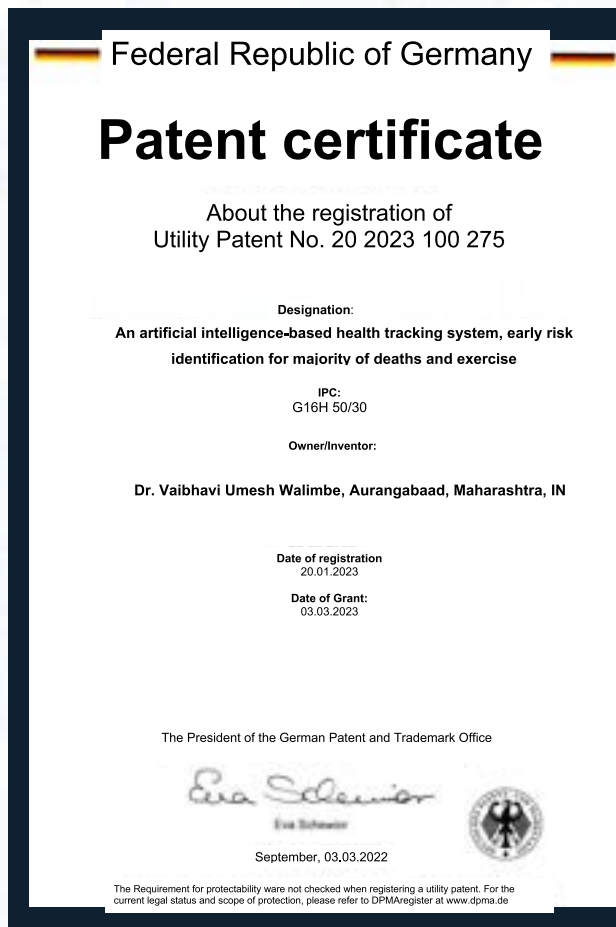
Sr.No	Copyright Title	Name of Inventor	Diary Number
1	Evidence Based Physiotherapy Rehabilitation Program for Ataxia Patient	Dr. Dipti Mahadev Shinde Dr. Sherin Paulose	L-117242/2022
2	Physiotherapy Management for Grin2b Related Syndrome : Protocol	Shruti D. Ramekar Dr. Poojakumari Mahaseth	L-117448/2022
3	A Modern Pain Neuroscience Education Approach for Non Specific Neck Pain	Dr. Vaibhavi Walimbe Dr. Rinkle Malani Dr. Sonal Biyani , Dr. Benish Bubere, Dr. Snehal Thote	L-117500/2022
4	Sensory Garden - A Rehabilitation Approach	Sakshi Shah Dr. Namrata Sant	L-118775/2022
5	Algophobia Perception Grading Scale (Apgs)	Dr. Tajuddin Chitapure Dr. Satyam Bhodaji Dr. Kunal Nagwani Dr. Yash Kulkarni	L-119060/2022
6	PDP (Physiotherapy Assisted Dietary & Psychological)Protocol For Obesity	Dr. Satyam Bhodaji Dr. Jui Phaltankar Dr. Akanksha Shinde Dr. Saloni Shah	L-119064/2022
7	Yoga Exercise Protocol For Flexibility, Balance & Fatigue In Stroke Patients	Dr. Sherin Paulose Dr. Jui Phaltankar Dr. Kunal Nagwani	L-119152/2022
8	Assessment Of Community Based Rehabilitation	Dr. Satyam Bhodaji	L-119331/2022
9	In Depth Physiotherapy Assessment For Traumatic & Non Traumatic Cervical Pain	Dr. Dax Vyas , Dr. Vaibhavi Walimbe	L-119918/2022
10	Pedphy Questionnaire	Dr. Namrata Sant Dr. Pallavi Palaskar Dr. Rinkle Malani	L-119981/2022

Sr.No	Copyright Title	Name of Inventor	Diary Number
11	Thalassemia Physiotherapy Protocol	Dr. Satyam Bhodaji Dr. Jui Phaltankar Dr. Kunal Nagwani	L-119385/2022
12	An Advanced Proprioceptive Neuromuscular Facilitation Approach For Lower Cross Syndrome	Dr. Aaloka Darbar Dr. Vaibhavi Walimbe Dr. Rinkle Malani	L-120450/2023
13	A Comprehensive Physiotherapeutic Approach For Klippel Feil Syndrome	Dr. Dax Vyas Dr. Vaibhavi Walimbe , Dr. Tajuddin Chitapure Dr. Rinkle Malani Dr. Girish Gadekar	L-120449/2023
14	Recent Evidence Based Rehabilitation Guide For Stroke Management	Bhairavi Sanjay Ugale Ishani Prasade Kimaya Patil Shruti D. Ramekar Dr. Pallavi Palaskar	L-121108/2023
15	Brain Gym Exercises For Smart Phone Addiction	Dr. Sherin Paulose Dr. Vishakha Gaikwad Dr. Apurva Joshi Dr. Monika Thombale	L-121228/2023
16	Smoking impact profile 156	Dr. Satyam Bhodaji	L-121531/2023
17	A Wearable And Portable Band Which Detects The Type Of Tremor -An Assessment & Detection Tool	Dr. PoojaKumari Mahaseth Dr. Rinkle Malani	L-121624/2023
18	Effective Plyometrics Protocol For Badminton Players	Dr. Manibhadra Panda Dr. Tabish Fahim Dr. Kunal Nagwani	L-129804/2023
19	Muscles Reflex Correction Tapping Techniques For Post-Operative Elbow Joint Stiffness -Mrct Approach	Dr. Bhalchandra Kharsade Dr. Aaloka Darbar	L-129648/2023
20	Athletic Assessment Of Hand Grip & Different Types Of Pinch Strength Along With Anthropometric Dimensions Of Hand & Forearm	Dr. Ashwin Kshisagar Dr. Pranoti Zavar	L-127385/2023
21	A Physiotherapy Approach in the management of Lumbar Spondylodiscitis	Aaloka Darbar Dr. Utkarsha Kawathekar	L-125604/2023
22	A Novel Evidence Based Protocol for Carpal Tunnel Syndrome	Aaloka Darbar Dr. Utkarsha Kawathekar	L-125295/2023
23	Post-Operative Physiotherapy Management of Flexor Tendon Injury	Dax Vyas Dr. Utkarsha Kawathekar Dr. Rinkle Malani	L-125295/2023

Sr.No	Copyright Title	Name of Inventor	Diary Number
24	Multimodel Physical Therapy Protocol for Cervical Radiculopathy	Dax Vyas Dr. Utkarsha Kawathekar Dr. Rinkle Malani	L-123457/2023
25	A Novel Physiotherapeutic Approach in the Management of Sinus Tarsi Syndrome	Dr. Utkarsha Kawathekar Dr. Maliha Fatima Dr. Rinkle Malani	L-130714/2023

Patent

We are proud to announce that our 2 faculties, Dr. Junneshwar Bidve & Dr. Vaibhavi Walimbe have secured International patents in the year 2022-2023. The recognition garnered through this accomplishment reaffirms our standing as a center of excellence, showcasing the collective brilliance and dedication of our faculty members.



IASP Grant

We are thrilled to announce a momentous achievement for our college as we proudly unveil the receipt of a prestigious grant of 10,000\$ from the International Association for the Study of Pain (IASP). This grant will be instrumental in advancing our mission to enhance healthcare in Marathwada by facilitating specialized training programs for physiotherapists in the field of pain education.

In demonstrating the depth of their expertise, our faculty members have not only secured vital funding for their projects but have also elevated the reputation of MGM School Of Physiotherapy as a hub for cutting-edge research and groundbreaking initiatives. This success is a testament to the collective brilliance and dedication of our faculty members.



**IASP Pain Education Training at Dr. APJ Abdul Kalam
College of Physiotherapy, Pravara, Loni**



IASP Pain Education Training at MIP COLLEGE At LATUR

Academic Extension Activities

During the preceding academic year, our institution directed its unwavering attention towards fostering the multifaceted growth of both our students and faculty members. Every academic endeavor embarked upon was characterized by meticulous planning and ultimately contributed to the enhancement of clinical decision-making skills, with the overarching aim of providing optimal patient care. Throughout this period, we orchestrated a plethora of scholarly engagements, including workshops, guest lectures, awareness seminars, and panel discussions. These intellectual gatherings not only enriched the knowledge base of our academic community but also served as pivotal stepping stones toward advancing clinical excellence. Furthermore, we remained steadfast in our commitment to societal well-being, a commitment that manifested itself through our extensive outreach initiatives. In this section, we take pride in presenting a comprehensive overview of our highly productive workshops, enlightening guest lectures, and impactful outreach endeavors, all of which underscore our dedication to academic and societal progress.

Department of Musculoskeletal Physiotherapy

Sr.No	Activity	Date	Month
1	Panel Discussion on Biopsychosocial Assessment and its applications.	30 th Sep 2022	September
2	A guest lecture on Chronic pain and Biopsychosocial model at MGMIOP.	17 th Sep 2022	September
3	Physiotherapy awareness talk at Ravindra Primary School, Samarth Nagar, Aurangabad, with the initiative of Lions Club Aurangabad Cidco and Deccan	07 th Oct 2022	October
4	IASP Pain project Abdul kalam college of physiotherapy, Pravara Loni	11 th April 2023	April

IASP Pain project Abdul kalam college of Physiotherapy, Pravara Loni



Panel Discussion on Bio Psychosocial Assessment and Its Applications.



Presented A Guest Lecture On Chronic Pain & Bio psychosocial Model at MGMIOP.



Physiotherapy Awareness Talk At Ravindra Primary School, Samarthanagar, Aurangabad, With the Initiative of Lions Club Aurangabad CIDCO & Deccan



Department of Neurophysiotherapy

Sr.No	Activity	Resource Person	Date	Month	No. of Participant
1	PNF Workshop	Dr. Harpreet Singh	07 th / 02/ 2023	February	50
2	IAFT Workshop	Dr. Surjeet Chakroboroty	24 th April	April	50
3	Services & collaboration with Municipal coporation, Saksham group & Vihang	Outreach Activity	11 th / 07/ 2022	July	

PNF Workshop



IAFT Workshop



Inauguration of the Municipal School



Department of Cardio-Respiratory Physiotherapy

CPR Awareness Week

Sr.No	Activity	Date	Month	No. of Participant
1	CPR awareness at MGM SOP	21 th July 2022	July	50
2	CPR Awareness camp at Mahal Pimpri	24 th July 2022	July	40
3	CPR Awareness camp at MGM Sport Club	29 th July 2022	July	35

CPR AWARENESS WEEK FROM 21st to 27th JULY 2022



CPR AWARENESS CAMP AT MAHAL PIMPRI

CPR AWARENESS CAMP AT MAHAL PIMPRI



Suryanamskar Challenge at MGM OPD



On World Heart Day, which falls on the 30th of September, the students from the 1st-year batch took part in an exhilarating Suryanamaskar challenge. This event aimed to promote cardiovascular health and raise awareness about the importance of maintaining a healthy heart. With great enthusiasm, the students gathered early in the morning to perform a series of Suryanamaskar, also known as Sun Salutations, which involve a sequence of yoga poses. The rhythmic movements and controlled breathing not only provided a physical workout but also helped to calm the mind and reduce stress. The event was a resounding success, fostering unity and encouraging a healthy lifestyle among the participants.

Health Screening Camp in Ranjangaon



On the 23rd of November 2022, a health screening camp was conducted in Ranjangaon, aiming to provide essential healthcare services to the community. The camp focused on three key areas: diabetes screening, blood pressure screening, and risk stratification screening. The objective was to identify individuals at risk for these conditions and provide them with necessary interventions and guidance. The camp attracted a large number of participants who were eager to take charge of their health. The diabetes screening involved measuring blood glucose levels and assessing individuals for symptoms of diabetes. This was followed by blood pressure screening, where trained medical professionals measured participants' blood pressure and identified any abnormalities. Lastly, the risk stratification screening assessed individuals' overall risk for developing cardiovascular diseases by evaluating various factors such as age, family history, lifestyle habits, and existing medical conditions. The screening camp proved to be a valuable initiative in promoting preventive healthcare and empowering individuals to make informed decisions about their well-being.

Department of Community Physiotherapy

Sr.No	Activity	Date	Month	No. of Participant
1	Health Screening Camp Daulatabad	09/ 07/ 2022	July	50
2	CPR Awareness Camp at Mahal Pimpri	24/ 07/ 2022	July	40
3	Health Screening Camp Ganori Sillod	06/ 09/ 2022	September	50
4	Industrial Visit Greeves Cotton Chikhalthana	14/ 09/ 2022	September	20
5	Health Screening Camp Ranjangaon, Waluj	25/ 11/ 2022	November	45
6	Work related MSK disorders with exercise camp GST OFFICE Aurangabad	29/ 11/ 2022	September	50
7	Health screening Camp Wahegaon	03/ 02/ 2023	February	40
8	Fall Prevention Workshop MGM Aurangabad	10/ 02/ 2023	February	20
9	Visit to Primary Health Centre Varud kazi village	25/ 04/ 2023	April	30
10	Industrial visit to Groove Engineering MIDC Chikhalthana, Aurangabad	05/ 07/ 2023	July	25
11	Health Screening at Mukti Sopan Ashram, Aurangabad	21/ 07/ 2023	July	40

Health Screening Camp, Daulatabad



CPR Awareness Camp at Mahal Pimpri



Health Screening Camp Ganori, Sillod



Industrial Visit Greeves Cotton, Chikhalthana



Health Screening Camp Ranjangaon, Waluj



Work Related MSK Disorders with Exercise Camp GST OFFICE, Aurangabad



Health Screening Camp, Wahegaon



Fall Prevention Workshop MGM Aurangabad



Visit to Primary Health Centre Varud kazi Village



Industrial visit to Groove Engineering MIDC Chikhalthana



Health Screening at Mukti Sopan Ashram, Aurangabad



Harmonizing Mind, Body & Spirit...!

Department of Sports Physiotherapy
Sports Event 2022-2023

Sr.No	Activity	Date	Month	No. of Athalits
1	Mumbai Educational Posting	18/ 08/ 2022	August	600
2	Regional Cricket Tournament	27/ 09/ 2022	September	100
3	Karate-Do District Level	16/ 10/ 2022	October	05
4	State-Level Karate-Do Competition	06/ 11/ 2022	November	27
5	Interschool District Level Netball, Basketball & Boxing	15/ 11/ 2022	November	35
6	Interschool District Level Badminton Competition	24/ 11/ 2022	November	04
7	Krida Mohotsav State Level Inter University Tournament Competition	03/ 12/ 2022	December	483
8	Aurangabad Inter-School Skating Championship	23/ 12/ 2022	December	02
9	Aurangabad District Sports Association Kabbadi Competition	22/ 12/ 2022	December	53
10	Aurangabad regional Sports Association Kabbadi Competition	24/ 12/ 2022	December	60
11	Aurangabad Inter-School Wrestling Championship	27/ 12/ 2022	December	01
12	Maharashtra State Olympic Sports Competition, Fencing	06/ 01/ 2023	January	08
13	All India Inter University Cycling Tournament	13/ 02/ 2023	February	300
14	Regional Level Inter Club Boxing Tournament	27/ 05/ 2023	May	60
15	Bhubaneshwar Educational Tour	03/ 02/ 2023	February	05

Interschool District Level Netball, Basketball and Boxing at Gadia Vihar, Aurangabad


Harmonizing Mind, Body & Spirit...!

Regional Cricket Tournament at Jhalani Cricket Ground, Aurangabad



Karate-Do District Level Competition at Tirumala Mangal Karyalay, Aurangabad



Interschool District Level Badminton Competition at Gadia Vihar, Aurangabad



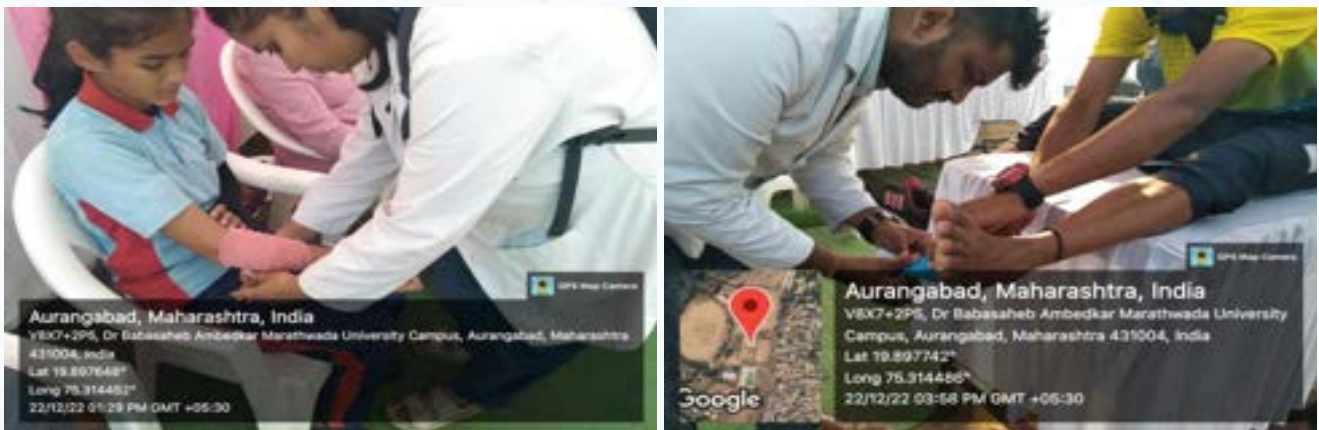
Krida Mohotsav State Level Inter University Tournament Competition at Dr Babasaheb Ambedkar Marathwada University Campus, Aurangabad



Aurangabad Inter-School Skating Championship at Chhatrapati College Ground, Aurangabad



Aurangabad Regional Sports Association Kabbadi Competition at Dr. Babasaheb Ambedkar Marathwada University Campus, Aurangabad



Aurangabad Inter-School Wrestling Championship at Dr. Babasaheb Ambedkar Marathwada University, Aurangabad



State-Level Karate-Do Competition at Garkheda, Aurangabad



Maharashtra State Olympic Sports Competition, Fencing at Garkheda, Aurangabad



**All India Inter University Cycling Tournament
at Green Globe Vidya Mandir, Aurangabad**



**All India Inter University Cycling Tournament
at Green Globe Vidya Mandir, Aurangabad**



**Regional Level Inter Club Boxing Tournament
at Regional Sports Complex Garkheda, Aurangabad**



Bhubaneswar Educational Tour at Bhubaneswar, Odisha



DOING OUR BIT!!

Every year, the devotees swing to the rhythm of the tala mridunga, chanting the name of Mukhi Vithu Mauli, the devotees engrossed in the devotion of Vitthala, the Varkari walking on foot, the exhausted but still happy face of that Mauli, what can be a more heartwarming sight than this, but in Vithuraya's Abhang, it is so They become so engrossed that they ignore the physical fatigue, the pain, the stones that pierce their bare feet. In this series, we have cleared the misconceptions about Physiotherapy in the minds of many people.

Stretching during a walk, a small village exercise, relieved many aches and pains of the walkers and their GATI (means gait) was very good. There were many people who came for Wari for the first time, he made them understand the importance of exercise and advised them to do it regularly from now on. Our faculties are always on toes when it comes to Social Responsibilities, This time one of our faculty Dr Junneshwar Bidve and Dr. Vikrant Salphale served at Wari and set a remarkable example of how the health care professionals can do their bit!





New Horizon: AAKAR

An innovative program created to completely transform the way physiotherapy students learn. The innovative classroom AAKAR focuses on self-directed learning and holistic development, going beyond traditional teaching techniques. AAKAR provides a distinctive mix of academic and extracurricular activities to develop students' aptitudes, practical skills, and enthusiasm for lifelong learning. Although academic knowledge serves as the foundation but extracurricular and co-curricular activities are crucial to complete the picture by bridging the gap between theory and practice. Thus, AAKAR transforms the process of learning into one that is fun and empowering.

In order to provide students with a wide range of activities to partake in, AAKAR has introduced various clubs. AAKAR hopes to promote a lively and well-rounded learning environment by offering these club options, allowing students to pursue their passions and interests outside of the classroom.

Harmonia: Students can have a vibrant and educational experience at Harmonia, a club that brings together dance, music, and the wonders of Indian knowledge. It is committed to helping students develop a profound appreciation for ancient Indian culture, art, and heritage while participating in fun and creative activities like music, Indian dance, cultural events as well as physical fitness activities like aerobics and power yoga.

The Serenity Lounge: The serenity lounge is a friendly organization that works to foster a strong bond between students and nature while fostering environmental awareness. Located in a tranquil and picturesque area, it provides a wide range of activities and initiatives, such as trekking, tree planting, awareness programs, and cleanliness drives, to inspire a love of the environment and encourage responsible stewardship among students. Additionally, classes on stand-up comedy, meditation, and practicing heartfulness are available to students. There are also classes on yoga, mental health talks, social responsibility, and yoga. The club hopes to instil a strong sense of social responsibility and a deep appreciation for nature in its members.

The Athletics: The athletic club is a premier sports haven for college students looking for a lively and active community. The club offers a wide variety of indoor and outdoor sports to accommodate a range of interests and skill levels. Whether the student is a seasoned athlete or a beginner looking to try out new activities, we welcome and invite students from the academic background and skill levels to join the athletic club and embark on an unforgettable journey of exercise, sports, and camaraderie.

The Palette: The palette," a distinctive and lively club that honours a wide variety of artistic mediums and creative expressions. The palette, located in the centre of our campus, is a haven for creative spirits where students can come together to explore, educate themselves, and discover their full potential as artists. The name of the club, "the palette," alludes to the enormous variety of hues, fashions, and artistic methods it embraces and the rich tapestry of world cultures and artistic traditions that it represents. The palette supports a variety of artistic disciplines in addition to these more conventional ones, including pottery, cooking, movies, public speaking, and photography.



HEALTH DAYS

AWARENESS

ACTIVITIES 2022-2023

20
22
20
23

World Physiotherapy Day 2022

On the occasion of World Physiotherapy on September 8, 2022, MGM School of Physiotherapy, Aurangabad, was organising a weekly event celebration from September 1 to September 8, 2023. Some patient-centric activities were conducted throughout the month of September. A one-month physiotherapy camp was organised in PHC, Anganwadi Village. Other activities were awareness activities in residential areas and a police awareness camp. Simultaneously, some student-centric activities were conducted to encourage the students. The “Tagline competition” and “Say it with the video for the osteoarthritis competition” were conducted from August 26 to September 2023



Greeves Cotton Industrial Visit on National Pollution Control Day

On 14th September 2023, Department of Community Physiotherapy has organized industrial visit at Greeves cotton industrial visit on National pollution control day Aurangabad. In this camp Employer assessment was done and ergonomic session was given to the Employees.



International Day for Older Persons

International Day for Older Persons was celebrated on 1st October, 2022 at Snehsawali Care Center, Beed Bypass, Aurangabad with geriatric people. We have conducted exercises along with fun games for the participants.



World Cerebral Palsy Day

On 6th October, 2022, Panel Discussion was organized on the occasion of World Cerebral Palsy Day. The theme for panel discussion was **Virtual Reality in Cerebral Palsy Rehabilitation**.



Greeves Cotton Industrial Visit on National Pollution Control Day

On 14th September 2023, Department of Community Physiotherapy has organized industrial visit at Greeves cotton industrial visit on National pollution control day Aurangabad. In this camp Employer assessment was done and ergonomic session was given to the Employees.



World Bioethics Day 2022 Poster Competition

On the occasion of World Bioethics Day, we have conducted Poster Competition on 15th October, 2022. The theme for competition is Social Responsibility and Health.



Harmonizing Mind, Body & Spirit...!

Paralympics: World Disability Day

On the occasion of World Disability Day 2022, MGM School of Physiotherapy in association with Yashwantrao Chavan Centre, District Disability Rehabilitation Centre, Aurangabad Mahatma Gandhi Mission and Mahatma Gandhi Seva Sangh have organized Paralympics 2.0 for the disabled individuals with enrolment of 175 participants.



National Energy Conservation Day Fish Bowl Group Discussion Program

On 14th December 2022, Department of Community Physiotherapy organized a group discussion on electric vehicles: a long-term revolution or a short-term assurance on the occasion of National Energy conservation day.



World Stroke Day

Exquisite-Quiz Competition was arranged on the occasion of World Stroke Day on 29th October, 2022. The theme for competition is The power of saving #precioustime.



Musculoskeletal Department Participate Osteoarthritis Knee Camp in Occasion of World Physiotherapy Day

On the occasion of world PT Day Musculoskeletal Department of physiotherapy conducted a camp. The importance of active lifestyle, correct coping strategies were explained to patients along with a thorough biopsychosocial assessment.



World Arthritis Day

On the occasion of World Arthritis Day, Musculoskeletal department of physiotherapy conducted an awareness and management camp. Patients benefited with correct assessment and management.



ALUMNI CORNER

20
18



I am **Diya Mangharamani**, currently started my own clinic in rural place at Kakde multi-speciality hospital and Physiotherapy centre, Georai dist Beed.

MGM had helped me to stand tall with confidence in front of many people, confidently handling each patients' assessment and diagnosis without fear. Not only that but also I am the one and only physiotherapist in my whole town , feeling so proud to say that whatever I am today its just because of our supportive staff who had helped us a lot in our career. Thankyou MGM. Proud Alumni !!!

**Ms. Diya Mangharamani
(Alumni Batch 2018)**

Kakde Multispeciality Hospital & Physiotherapy Centre, Georai Beed. (MH)



I started working at the Qi Spine clinic in Mumbai after completing four and a half years studying and interning at the MGM School of Physiotherapy, Chh.Sambhajinagar. I can state with great satisfaction that MGM molded me in such a way that I feel confident and well-informed about the medical situations and treating patients. The variety of experiences and opportunities the college provided have been extremely beneficial to me in my professional life. I am grateful to the professors who mentored me to become the physical therapist I am today and who taught me and directed me professionally.

**Ms. Kimaya Patil
(Alumni Batch 2018)**

Qi Spine Clinic, Mumbai



As an alumni of MGM School Of Physiotherapy, Chh.Sambhajinagar, I am delighted to have shared my undergraduate years with MGM. I am currently freelancing in Mumbai. The staff at MGM guided me to become the best version of myself in academic and extracurricular activities, that helped me achieve the student of the year award. The healthcare opportunities at MGM exposed me to obtain crucial and quick thinking, which help me immensely in professional life. The camps, conferences, workshops and events organised at MGM always benefitted my knowledge and practical skills. I am grateful and indebted to MGM for their kindness and support throughout my undergraduate years.

**Ms. Ishani Prasade
(Alumni Batch 2018)**

Ojas Physiotherapy & Rehabilitation Centre Dombivali



It's my privilege that I am a BPT graduate from MGMSOP, Chh.Sambhajinagar. This institution has given me a lot in terms of knowledge and personality development. They have taught me soft skills and thorough theoretical knowledge on the subject which eventually helped me on my hands on skills. I'm very confident in managing both OPD and IPD patients. Moreover, I got a lot of opportunities here in the field of research which widened my knowledge on recent advances. All this makes me a proud alumni of MGMSOP.

**Mr. Jeet Kantharia
(Alumni Batch 2018)**

Saifee Hospital, Mumbai



NSS

NSS

NATIONAL SERVICE SCHEME ACTIVITY

75th INDEPENDENCE DAY 2022 AZADI KA AMRIT MAHOTSAV



Req. two more photo

Elocution

On 13th August 2022 Elocution was Organized for Students at First Year BPT Classroom at 10:30AM



Req. one more photo

Rangoli Competition

On 13th August 2022 Rangoli competition was organized for students, teaching and non-teaching staff at 1st floor, MGM School of Physiotherapy, Aurangabad at 10:30AM



Harmonizing Mind, Body & Spirit...!

Street Play on Awareness of Blood Donation

A series of 100 'Pathanaty' or street plays on Blood donation awareness was performed in and around areas of Aurangabad on the occasion of World Organ Donation Day celebrated on 13th August 2022. The theme selected by the MGM Organ Donation Centre was Blood donation and the students of MGM School of Physiotherapy participated in this activity. There was a total of 2 groups consisting of 10-11 students who performed at various public places in Aurangabad like Railway Station, Babasaheb Ambedkar Marathwada University (BAMU), Milind College of Science, PES College of Engineering, etc. throughout the day. The students were appreciated by the Authorities and local people for their performance and creating awareness through street play. At the railway station, the railway police felicitated the students by distributing sweets as a token of appreciation as well as the staff of PES college of Engineering felicitated with flower bouquets. The Minister of State in the Ministry of Finance Mr. Bhagwat Kharad, who happened to be at the Railway station for an event, also, appreciated the efforts of the physiotherapy students for the awareness drive on blood donation. NEWS 18 LOKMAT online news channel covered the entire event at the railway station on 15th August 2022.



Har Ghar Tiranga



Tree Plantation

विश्व विकसनी वृक्षाटोपण सोहळा
सहभागीसंस्था अहवाल (ऑनरिंगकार्ड)

पर्यावरण प्रेमींनी लावलीव्या संख्येने सहभागी व्हा...!
विश्व विकसनी वृक्षाटोपण सोहळ्यात कावे आत्म्या सहभागी सोहळ्यात इतकी खाली दिविल्या
पुण्य पर्यटन अहवाल व आपले दृष्टिकोण काढून घ्यावे.
सोहळ्यात वटान अधिक जवळीक साठी खाली दिविल्या जवळीक साठी

Google Form



आपले जवळीक दिविल्या विकसनी
वृक्षाटोपण सोहळात आपले जवळीक
दिविल्या वटान

सहभागीसंस्था अहवाल, सह वृक्षाटोपण
1 संकल्प
लावता परिसरात
आपले वृक्षाटोपण




॥ वीर जागरण ॥
सहभागीसंस्था अहवाल, सह वृक्षाटोपण
विश्व विकसनी वृक्षाटोपण सोहळा

वृक्षाटोपण करतानाच एक लाख परिसरात पर्यावरण संवर्धन शपथ घ्यायची आहे

पर्यावरण संवर्धन शपथ

मी व माझे कुटुंबीय शपथ घेतो की आम्ही आपल्या शाळातील
"विश्व विकसनी वृक्षाटोपण सोहळ्यात" सहभागी
होऊन आज 15 ऑगस्ट स्वातंत्र्यदिनी एक वृक्ष लावत आहे. ह्या
वृक्षा चे आणि संवर्धन, टक्षण करतानासाठी आम्ही कटीबद्ध आहे.
वृक्षतोड टाळून प्लास्टिक चा वापर कमी करून
जास्तीत जास्त वृक्षाटोपण करून निसर्गाला वाघवू
जय हिंद



Harmonizing Mind, Body & Spirit...!

CPR Training for Patients and Relatives (September 2022)

CPR Training Program for patients and relatives attending MGM MCHA OPD under aegis of Skill Development Unit & NSS Unit of MGM MCHA from 24th September 2022 on the occasion of NSS Foundation Day & World Heart Day



Req. Two photo

NSS Residential Camp at Ganori (May 2023)

This extension activity was organized for the residents of Ganori village, Tal. Fulambri under NSS Unit for free health awareness, cleanliness drive and Physiotherapy services.

1. Tree Plantation drive conducted around village area.
2. Cleanliness drive conducted around PHC area.
3. Gender equality march organized throughout village.
4. Free Physiotherapy consultation provided to ANC and PNC patients in PHC.
5. Awareness program about sanitation and hygiene organized for young girls in village.
6. Awareness rally about Blood and Organ donation is organized throughout village.





Blood Donation Camp (July 2023)

The NSS Unit of MGM School of Physiotherapy organized Blood Donation Camp in collaboration with MGM Medical College and Hospital Blood Center, Aurangabad at Reception area of MGM Physiotherapy Rehabilitation and Fitness Centre



V9H3+fq8, N-6, Cidco, Aurangabad, Maharashtra 431003, India

Latitude
19.8786241 N

Local 03:06:48 PM
GMT 09:36:48 AM

Note : MGM School of Physiotherapy, Aurangabad

Longitude
75.3544499 E

Altitude 595 meters
Friday, 21.07.2023

CREATIVE CORNER



Anirudha Thorat (MPT IInd Year. Community Physiotherapy)

A SPECTRUM OF LEARNING PLATFORMS IN PHYSIOTHERAPY

Physiotherapy is a dynamic and rapidly evolving profession. This field has become a crucial part of health care with evolving job platforms, new speciality branches and implementation of modern technologies.

It is an exponentially evolving health care profession with high skills and to see patients as first contact person where he can perform a comprehensive examination, design a diagnosis, plan, deliver and monitor treatment and refer to other health care professionals. In India around a couple of years before Government has approved the bill in Lok Sabha and gave a right to Physiotherapist for conduction of an independent practice in their speciality area which has been long awaited.

The scope of physiotherapy practice has changed significantly in the past ten years to meet changing healthcare needs. Though exercise and rehabilitation remain the emphasis of the profession. In India, the spectrum for physiotherapists is widening and it is increasingly becoming a strong career choice for young and enthusiastic scholars who are interested in forming their career as physiotherapy professionals. It offers opportunities to work both independently and as part of a team. Physiotherapists are experts in human movement and have a key role in prevention, identification, assessment, treatment and (re)habilitation of individuals when movement and function are threatened or affected by ageing, injury, diseases, conditions or environmental factors. Physiotherapists support people at all stages of life to recover from injury, reduce pain and stiffness, optimise mobility and movement and maximize function and quality of life, incorporating physical, psychological, emotional and social well being. The examination of individuals or groups with actual or potential impairments, activity limitations, or participation restrictions by history-taking, screening and the use of specific tests and measures.

The core streams of this profession emphasizes on physical rehabilitation of Neurological, Musculoskeletal, Cardio Vascular and Respiratory, Community physiotherapy (Women's health, Geriatrics, Industrial therapy), Sports, Hand and Oncological conditions etc. Physiotherapists are also demanded in a range of organizations and areas such as healthcare management, charities, private practices and community health centers.

Clinical research in physical therapy is fundamental to generate new knowledge and validate our therapies. The evaluation of research findings is crucial to help clinical decision making and to comply with the principles of evidence based-practice.

evidence-based practice in physiotherapy. More and more, research is showing that early intervention leads to better outcomes for children with developmental delays or disabilities

In recent years there has been a considerable change in the skills and qualifications necessary for faculty members in physiotherapy schools. The focus has been shifted considerably from a primary emphasis on the clinical ability of all staff, towards more universal scholastic goals of research, grants, publications, consultancies and teaching skills. From an absolute reliance on medical research, physiotherapy has had to learn how to go about its own research and apply it directly to treatment modalities in clinical ventures.

Physiotherapy offers a spectrum of career development opportunities — for both men and women. You need practical competencies to carry out the job and a strong academic background to be competent to problem-solving and clinical reasoning to identify and implement the best treatment strategies for the patient.

Dr. Rudalee Nitin Husale

Assistant Professor

Department of Community Physiotherapy



UNLOCKING ACADEMIC SUCCESS

The Vital Role of Creativity in Professional Education

In a world filled with challenges and complexities, this theme encourages us to explore the profound connections between our mental, physical, and spiritual well-being. It's a theme that invites us to delve into the intricate tapestry of human existence, highlighting how creativity acts as a unifying force that nourishes all aspects of our lives.

Unlocking the vital role of creativity in professional education involves fostering a harmonious balance between left and right brain activation, transcending the boundaries of conventional learning. In the ever-evolving landscape of professional careers, it has become increasingly evident that a holistic approach to education, one that nurtures both analytical and creative thinking, is imperative. The left hemisphere of the brain, traditionally associated with logic and rationality, is undeniably crucial for acquiring knowledge and problem-solving skills. However, the right hemisphere, often associated with creativity, intuition, and imagination, plays an equally vital role in enhancing adaptability, innovation, and holistic understanding. Encouraging individuals to embrace creativity in their educational journey not only stimulates their right brain functions but also cultivates a more well-rounded and adaptable mindset. Incorporating creativity into professional education sparks innovation, encouraging students to think outside the box and come up with novel solutions to complex challenges. This creative thinking often transcends the boundaries of specific disciplines, enabling individuals to approach problems from various angles, an essential skill in our interdisciplinary world. Moreover, creativity enhances communication skills, enabling individuals to express their ideas effectively, fostering collaboration, and creating a bridge between different areas of expertise. Everyone should dedicate time to nurture their creative side, as it enhances personal growth, mental well-being, and overall life satisfaction. Engaging in creative pursuits not only stimulates the right hemisphere but also promotes a healthy balance between the two brain hemispheres, leading to improved cognitive abilities and enhanced problem-solving skills. Moreover, creative activities provide an outlet for emotional expression, reducing stress and anxiety while boosting self-esteem and confidence. In conclusion, unlocking the vital role of creativity in professional education is essential for cultivating adaptable, innovative, and well-rounded individuals who can thrive in an ever-changing world. Encouraging everyone to spare time for creativity in their life is not just a luxury but a necessity for personal and professional growth. By embracing creativity, individuals can tap into the full potential of their brains, leading to a more fulfilling and successful life journey.

Dr. Utkarsha Kawathekar

Assistant Professor

Department of Musculoskeletal Physiotherapy

SIGNIFICANCE OF RESEARCH IN PHYSIOTHERAPY

Physiotherapy is basically an art which relies on scientific reasoning and understanding. The principal emphasis of physiotherapy is on the implementation of numerous manoeuvres in order to restore the movement and functional independence of a sufferer. As physiotherapy has a basis on science and science undergoes a continuous up-gradation and the process of this up-gradation is facilitated through the conduction of research. In simple terms research is a sea and a researcher is a swimmer who has to travel into the depth of the sea to identify the pearl from the sea and that pearl is known as a research gap.

Research is a step by step process which commences from the identification of a particular area which the researcher wants to enlighten, after the selection of the thirst area the researcher gathers the prior literature with an emphasis on the domain chosen by the researcher and once the prior literature is consolidated, identification of the deficiency in the prior study which were analysed by the researcher, analysis of the feasibility, novelty and relevancy a research question will be framed. After the framing of research question the researcher designs a proposal for the purpose of financial assistance and ethical approval and once the approval is received the researcher commences with the process of collecting the data relevant to his or her research which is followed by data entry and cleaning.

Publication is an end step of research in which the researcher creates an accessibility of his or her research towards the other researchers so that they can identify the girth and frame a new research. Therefore the legacy of research conduction will be continued

Research is a medium through which the learners furnish their depth of understanding and knowledge about a particular domain. Therefore research executes a crucial role in uplifting the standards of education and clinical practice in the field of physiotherapy. As physiotherapists chiefly emphasizes on the application of an efficient and effective intervention or treatment strategy in order to facilitate an early recovery and functional restoration of their patients thus research serves as a guiding force in drawing an efficient intervention for the purpose of rectification of the deficit from which the patient is suffering.

Research acts as an assistance for the physiotherapists who are engaged in academic as well as clinical backgrounds to strengthen their ethical purity such as maintaining the confidentiality of the data which is gathered by the therapist regarding the deficit of his or her sufferer, uplifting the depth of thinking and decision making in heterogeneous situations as well as the amount of flexibility to tackle the different circumstances.

Research aids in incorporating the significance of outcome based treatment as well as appropriate goal framing before the treatment as a goal provides an appropriate direction to the therapists regarding their treatment regime.

Dr. Vikrant Girish Salphale

Assistant Professor,
Department of Neuro- Physiotherapy



फिजिओथेरपी एकच पर्याय

सकस आहार, वयानूसार विहार
प्रकृतीनुसार कष्ट, टाळायचे असतील अपाय

फिजिओथेरपी एकच पर्याय ..!!!

नको टेंगुळ येई पर्यंत कुणाच्या पाया पडू

विज्ञान रुपी ज्ञानसागरात बागडू

अंगारे धुपारे, यांना यमसदनी धाडू

योग्य मार्गाचाच शोधु उपाय

फिजिओथेरपी एकच पर्याय ..!!!

अंधश्रद्धेचे देवतेभोवती बगळ्यांची रांग लागते

नको नको त्या चालिरीतीची खैरात बरसते

माझ्या अंगणी शरदाचे चांदणे चमकते

राष्ट्रवादी चा धुरंधरा समोर मान झुकते

धर्माधाच्या चालिरीतीची होतो अपाय

फिजिओथेरपी एकच पर्याय ..!!!

डॉ. रुदाली हुसळे

डिपार्टमेंट ऑफ कम्युनिटी फिजिओथेरपी
असिस्टंट प्रोफेसर एम जी एम स्कूल ऑफ फिजिओथेरपी.
छ.संभाजीनगर.

Avyanna - Freshers Party 2022



Harmonizing Mind, Body & Spirit...!

Paralympics 2022



Harmonizing Mind, Body & Spirit...!

KALAAGYA 2023



Harmonizing Mind, Body & Spirit...!

News Coverage

Health Special: आर्थरायटिस आणि वेदना

Health Special: आर्थरायटिस हा आजार सर्वपरिचित आहे, मात्र याची संपूर्ण माहिती लोकांमध्ये अजूनही नाही. आर्थरायटिस आणि वेदना यांचा अतिशय जवळचा संबंध आहे.

Written by वैभवती वाळिंबे
Updated: Sept 26 2023 06:53 pm



आर्थरायटिस आणि वेदना (घोटो-शोकनास पाणिकमा टीम)
सप्टेंबर महिना हा पेन अवेरनेस मंथ आहे. याच महिन्यात झालेल्या वर्ल्ड फिजिओथेरेपी डेची (जागतिक भौतिकपचार दिन) यावर्षीच थीम आर्थरायटिस आहे. आर्थरायटिस हा आजार सर्वपरिचित आहे, मात्र याची संपूर्ण माहिती लोकांमध्ये अजूनही नाही. आर्थरायटिस आणि वेदना यांचा अतिशय जवळचा संबंध आहे. जागतिक आरोग्य संघटनेने आर्थरायटिससंदर्भात काही तथ्यं नमूद केली आहेत. 2019 मध्ये 528 दशलक्ष लोक

Health Special: 'Algophobia', वेदनेचा बागुलबोवा म्हणजे काय?

अल्गोफोबियाला काही वेळा 'पेन रिलेटेड फियर (Pain Related Fear)' असाही म्हणतात.

Written by लोकसत्ता ऑनलाईन
Updated: Jul 01 2023 04:48 pm



Algophobia/ वेदनेचा बागुलबोवा म्हणजे काय? (सापथिक- शोकनास पाणिकमा टीम)

डॉ. वैभवती वाळिंबे

अल्गोफोबिया म्हणजे शारीरिक वेदनेची अवास्तव आणि तीव्र भीती. अर्थातच सामान्यपणे कुणालाही आपल्याला कधीच कुठली वेदना जाणवू नये असाच वाटत. हा फोबिया असलेले लोक वेदनेच्या विचाराने किंवा कल्पनेनेदेखील अतिशय घाबरून जातात. त्यांना वाटणारी किंवा ही होणाऱ्या वेदनेच्या किंवा संभाव्य वेदनेच्या कैकपट

दिव्य सिटी 09-09-2023

अॅक्वॅटिक थरेपीद्वारे संधिवाताच्या रुग्णांवर अतिशय प्रभावी उपचार

छत्रपती संभाजीनगर - एमजीएम स्कूल ऑफ फिजिओथेरेपी मधील पदव्युत्तर विद्यार्थी डॉक्टर रश्मि व्यास याने एक्वॅटिक थरेपीद्वारे क्योम्बिनाशनमध्ये गुडव्याज आणलेला बाक व प्रचंड वेदनेवर यशस्वी उपचार केलेत. त्यामुळे रुग्णाच्या दैनंदिन आयुष्यातील हालचाली वेदनारहित झाल्यात. संधिवातात रुग्णांची हालचाल मंदपणे अशावेळी एक्वॅटिक थरेपी करणे फायदेशीर ठरते. पूर्वीच्या संशोधनाचा आधारे घेत 49 वर्षीय महिलांवर हा प्रयोग केला उपचारदरम्यान स्कीनेड्रामवर लक्ष ठेवून या थरेपीनेंवर रुग्णांचा गुडव्याजाल बाक कमी होऊन चालणे, घाबऱ्या चढणे उतरणेई गोष्टी वेदनारहित झाल्या. पासराठी पदव्युत्तर विद्यार्थी डॉ. रश्मि व्यास असॅसिएट प्रो. डॉ. ताजुद्दीन घिानुरे, असि. प्रोफेसर डॉ. वैभवती वाळिंबे व पदव्युत्तरविद्यार्थी डॉ. सोनभकुलकर्णीयांनी परीक्षमधेतले डॉ. गिरीश गडेकर डॉ. रिकल मलानी व रेणुका टळवी यांनी प्रोत्साहन दिले.



लोकसत्ता

Health Special: ऑस्टिओआर्थरायटिस म्हणजे काय?

या लेखात आपण ऑस्टिओआर्थरायटिस बद्दल अधिक जाणून घेऊया.

Written by वैभवती वाळिंबे
Updated: Oct 03 2023 03:05 pm



ऑस्टिओआर्थरायटिस म्हणजे काय? (सापथिक- शोकनास पाणिकमा टीम)

मागच्या लेखात आपण ऑस्टिओआर्थरायटिसमध्ये गुडव्याज नेमके कसे आणि कोणते बदल होतात ते पहिलं या लेखात आपण ऑस्टिओआर्थरायटिस बद्दल अधिक जाणून घेऊया.

ज्येष्ठ नागरिकांच्या जीवनशैलीसाठी कम्युनिटी फिजिओथेरेपिस्टची महत्त्वाची भूमिका-डॉ. रुदाली हुसळे

खुलताबंद (प्रतिनिधी)- ज्येष्ठ नागरिकांची जीवनशैली तसेच जीवनाचा दर्जा सुधारण्यासाठी कम्युनिटी फिजिओथेरेपिस्ट महत्त्वाची भूमिका बजावतो असे प्रतिपादन रुदाली हुसळे यांनी केले. जेरिआट्रिक फिजिओथेरेपी (बयोपुद्द उपचार पद्धती) त्यामध्ये शारीरिक कार्यक्षमता वाढवण्या केल्या जातात. घाबरी परीक्षण नुसार उपचार ठरवले जातात. प्रतिबंधात्मक, पुनर्रचित पद्धती आणि रिट तत्वांनुसार विविध व्यायाम घेतले जातात. यामध्ये एरोबिक, सायू बी ताकत वाढवणारे व्यायाम, अखंडलेल्या सामूची तन्पता वाढवणारे व्यायाम, तोल सुधारण्याचे व्यायाम, चाल सुधारण्याचे व्यायाम, कार्य करण्याची क्षमता वाढविण्यासाठी व्यायाम, वेदना कमी करण्यासाठी विविध विद्युत उपकरणांचा वापर केला जातो. त्यामुळे दैनंदिन जीवनातील क्रिया सुरळीत चालण्यासाठी मदत होते. तसेच विविध युद्धाभ्यास घेणे मोफत फिजिओथेरेपी शिबिर आयोजित करण्यात येतात. भारत सरकार द्वारे क्योड्दंसाठी लागू असणाऱ्या विविध योजना बाबत जेष्ठ नागरिकांना जाणून घेणे ज्येष्ठ नागरिकांनी जीवन गुणवत्ता सुधारण्यासाठी महत्त्वाची भूमिका पार पाडतात.



Health Special: वेदनेचे प्रकार किती? ती कशी जाणवते?

आपले वेदनेचे असा नुकसाळ समजून घेऊन घ्या. Written by लोकसत्ता ऑनलाईन Updated: Jun 26 2023 02:46 pm



BPT 1st Year I Semester

BPT



BPT 2nd Year III Semester



Harmonizing Mind, Body & Spirit...!

BPT 2nd Year IV Semester



BPT 3rd Year VI Semester



Harmonizing Mind, Body & Spirit...!

BPT 4th Year VIII Semester



MPT 1st Year I Semester

MPT



Harmonizing Mind, Body & Spirit...!



MPT 2nd Year III Semester



MPT 2nd Year IV Semester





Department of Musculoskeletal Physiotherapy



Department of NeuroPhysiotherapy



Harmonizing Mind, Body & Spirit...!





Department of Cardiovascular & Respiratory Physiotherapy



Department of Sports Physiotherapy



Harmonizing Mind, Body & Spirit...!



Department of Community Physiotherapy



Faculty Group Photograph



Harmonizing Mind, Body & Spirit...!

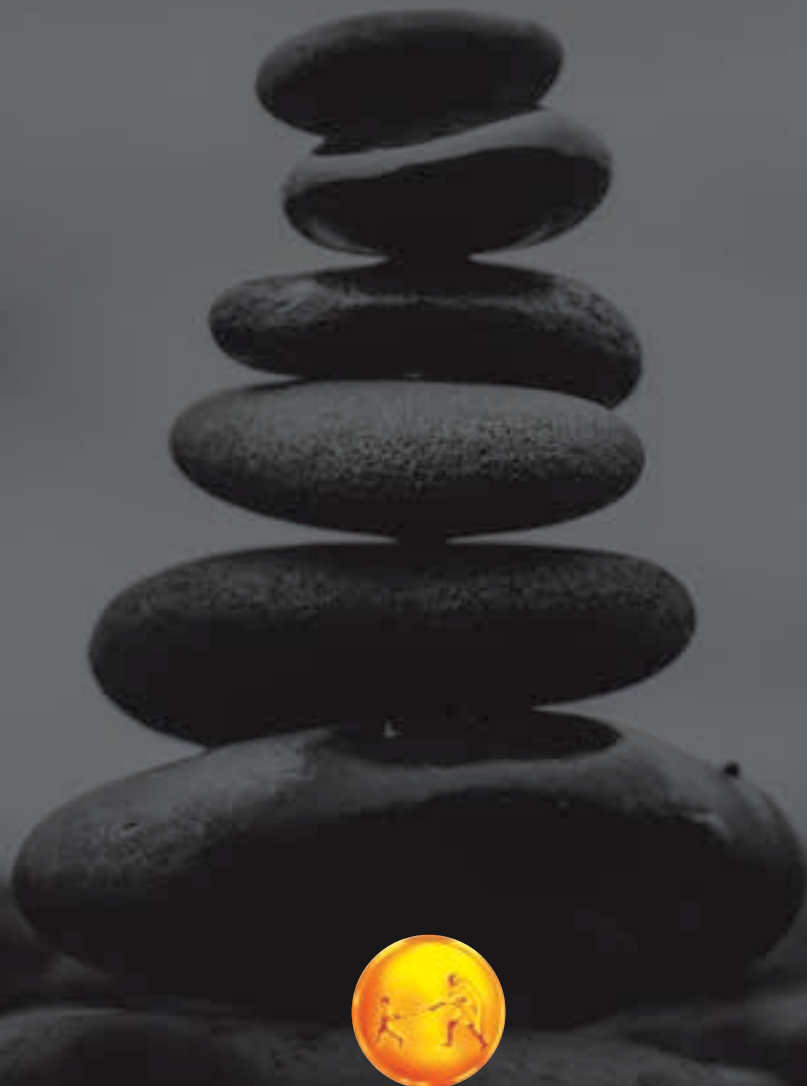


MGM CAMPUS Chh.Sambhajinagar

“

Harmonizing Mind, Body & Spirit...!

”



MAHATMA GANDHI MISSION

MGM SCHOOL OF PHYSIOTHERAPY CHH. SAMBAJINAGAR

N-6, CIDCO, Chh. Sambhajinagar - 431003

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